

TISSUE SALTS FOR SENIOR [HORSES]

(Adapted/Quoted) from *Julie Anne Lee's* article on TISSUE SALTS FOR SENIOR DOGS, [Original article](#).

WHAT ARE TISSUE SALTS?

“Tissue salts treat disease by supplying the body with deficient cell salts, the 12 inorganic compounds that make up the cell, thus assisting the body’s return to healthy functioning. This is based on a system developed by Dr Schuessler, a German 19th century physician, and the discovery around that time of the constituents of the cell. Dr Schuessler suggested that the cells of the body contain a balance of water, organic and inorganic constituents. Both the structure and vital functioning of the body are dependent upon the balance of these constituents, supplied by nature in both plant and animal tissue.

Healthy cells are essential for a healthy body. Tissue salts can be used to restore balance to the body’s cells. Although tissue salts are considered very mild and can usually be given with confidence, as with all homeopathic medicine, it’s important to stop using them if symptoms worsen. Tissue salts can cause an aggravation or healing crisis although improvement should occur once their use is stopped.

While tissue salts are more like a mineral supplement than a homeopathic potency, they should be given with care, then discontinued once healing has taken place.

THE TISSUE SALTS

Calcarea fluorica

Has a prominent presence in the outer surface of the bones, the teeth and the skin and also connective tissue and the walls of blood vessels. It can be used to treat bony tumors, decay of teeth, hard cataracts, hardness of glands and varicosities.

Calcarea phosphorica

Is a constituent of blood plasma, blood corpuscles, bones, teeth, connective tissue, saliva, and digestive juices. It can be used to treat blood disorders, thyroid problems, cysts, disorders of the teeth and bones, and digestive disturbances.

Calcarea sulphurica

Is found in connective tissue, liver, bile and skin. It is indicated in suppuration, the third stage of boils, abscesses, fistulae, bronchitis, chronic lung problems and liver disorders.

Ferrum phosphoricum

Is present in hemoglobin, blood, albumen and hair. It is indicated in congestion, hemorrhages, the first stage of inflammation and in fevers. It can be used for vomiting of blood or undigested food, diarrhea with undigested food, urinary problems, joint problems and injuries.

Kali muriaticum

Can be found prominently in blood corpuscles, muscles, nerve and brain cells and intercellular fluids. It is

useful in the second stage of inflammation, specifically respiratory inflammation with a white or grey coating of tongue.

Kali phosphoricum

Is a constituent of the fluids and tissues of the body, chiefly of the blood, brain, nerve and muscle. It is indicated in exhaustion from mental work, sleeplessness, loss of memory, mania, and nervous disorders.

Kali sulphuricum

Is present in the blood, mucous membranes, skin and epithelium and is therefore indicated in the third stage of inflammation with slimy, thin, greenish, yellow discharges of tenacious or fibrinous nature, skin problems with yellow crusts or scales and/or a yellow slimy deposit on the tongue.

Magnesia phosphorica

Is found in nerves, muscles, blood, bones and teeth and is indicated in spasms, cramps, colic, neuralgic pain relieved by warmth or pressure. It is also helpful in chronic coughs and in nervous disorders.

Natrum muriaticum

Is a constituent of every fluid and every tissue of the human body, the purpose of which is to regulate water in the cells. It is indicated in emaciation, malnutrition, anemia, unusual thirst, abnormal hunger and unequal distribution of water in the body due to febrile illness.

Natrum phosphoricum

Is present in the blood, nerves, muscles, brain and intercellular fluids. Its chief function is to convert lactic acid into carbonic acid and water and to carry carbonic acid to the lungs where it is exchanged for oxygen. It is indicated in digestive disorders with sour vomiting, sour stools, sour perspiration, poor liver function, problems digesting fats, and problems with worms.

Natrum sulphuricum

Is found in the intercellular fluids and functions to eliminate excess water from the tissues. It is indicated in digestive disturbances with flatulent colic, water retention and humid asthma.

Silicea

Is a constituent of blood, bile, epithelium, bones, hair, nails and connective tissue. It is useful in malnutrition, poor skin and coat and nervous disorders that are worse during the full or new moon. It can assist with the discharge of pus where lancing would otherwise be needed.

One of the ways that we like to use tissue salts for dogs is to use a blend of all 12 salts together, known as "Bio 12", to support older [HORSES] presenting with overall weakness from aging or from chronic disease like Cushings, hypothyroidism, chronic arthritis and [EQUINE] geriatric cognitive disorder. At our veterinary clinic the protocol has been two doses of "Bio 12" twice daily for one month on, alternating with one month off, for a duration of six months for most geriatric [HORSES].

Things you will notice when giving tissue salts include:

- A decrease in thirst in [HORSES] who are drinking large amounts
- A decrease in either frequency or amount of urine output if excessive urination
- Increased energy
- [HORSES] are more aware and less disoriented

Some clients say, “I can’t put a finger on it; my [HORSE] just seems better, more like he was before he got sick” or “before he started to seem old” Tissue salts correct imbalances in cell metabolism, by facilitating uptake and utilization of the particular minerals.

WHERE TO FIND TISSUES SALTS

You can easily find the tissue salts as cell salts or Schuessler salts in many health food stores, pet stores and organic markets by their individual names or in combinations, most commonly at 6DH or 6X potency though they are also available in 12DH or 12X potency. Note: DH and X denote the same potency, a 1:10 ratio of dilution.

Tissue salts work well with other treatments but should not be used at the same time as other homeopathic remedies. Easy to get and easy to use, tissue salts can be an important part of keeping your older [HORSE’S] body in balance and in health.

Julie Anne Lee is a functional medicine and homeopathic practitioner. Julie is the founder of the [College of Animal Homeopathic Medicine](#).